

Central Church of Christ

“A Community of Grace”

August 28, 2016

Back-To-School Routine... FOR EVERYONE

For families with children, summer is the highlight of the year...at least for the kids! If summer could last for 12 months, there would be great celebrations in some households! Nevertheless, as happens every year, summer comes to an end and it's time to go back to school.

One of the challenges of going back to school **is getting back into a routine!** Summer is a little more relaxed, not as structured and usually does not have much “routine” to it. But, school on the other hand requires more structure and a definite routine—from getting up in the morning, to leaving the house, to doing homework, to getting to bed on time, etc. Thus, it is that time of year when some of us are trying to get back into (or maybe start for the first time) a regular routine for our days and weeks.

Now, some people have already stopped reading. They thought this article was about families with kids and they bailed out shortly after seeing the title. However, the back-to-school routine was only the launching point for the main thrust of this article. This article really is **FOR EVERYONE!** Here's the primary aim of this article: **we all need to have a routine for our spiritual lives!**

Runners have a routine! Athletes have a routine! Soldiers have a routine! Farmers have a routine! Teachers have a routine! Since Christians are likened to all of these persons, then we must also have a routine! **Unfortunately, too many Christians are stuck in a summer vacation!** Some of us have allowed the “things” of this life to interfere with our Christian lives and we've lost the “routine” that we once had in our spiritual lives. We've slipped into a summer vacation (spiritually) and need to get back on track.

Sometimes Christians will set New Year's Resolutions for themselves when it comes to their Bible reading, prayer lives, etc. May I suggest that we not wait until January 1st to end our summer vacations! As so many folks are getting back into their school routines, let us, as children of God, get back into our heavenly “routines.”

Find at least one time every day when you can talk to God! This needs to be a time (even if just 2-3 minutes) when everything around you is on mute! Find at least one time every day when you can listen to God, by reading His Word! Even if it is only three verses or a paragraph, let God speak to you every day! Find at least one thing to be thankful for every day! Count your blessings! Find at least one person you can encourage every day! Make the church's assemblies a priority! Open your eyes to the souls all around! Let's get back into our heavenly “routine” with God!

David Sproule, Palm Beach Lakes Church of Christ

Order of Worship

All Things Praise Thee (43) Jobee Thrasher

Welcome and prayer Virgil Hammontree

Wonderful Words of Life (543)

I'll Be A Friend to Jesus (693)

Purer In Heart, O God (671)

The Old Rugged Cross (325)

Communion and Offering As per schedule below

Just A Little Talk With Jesus (959)

Children's Offering for fresh water filters (Helping Hands International)

Sermon – JamesVirgil Hammontree

Sinners Jesus Will Receive (935)

Closing Reminders Song Leader

O For A Faith That Will Not Shrink (540)

Closing Prayer As per schedule below

Those Serving:

	<u>August 28</u>	<u>Sept. 4</u>	<u>Sept. 11</u>	<u>Sept. 18</u>
Communion,	Alan Powell	Jobee Thrasher	Tyler Goad	Bill Goad
Offering and	Brad Oglesby	Allen Smith	Francis Jenkins	Jerry Henshaw
Closing Prayer	Francis Jenkins Tyler Goad	Alan Powell Jerry Henshaw	Greg Atkison John Musarra	John Atkison Alan Powell
Door	Bill Goad &	Greg Atkison &	John Musarra &	Tyler Goad &
Greeters	Gavin	Zachary	Della	Gavin

Birthday's and Anniversaries!

August

30.....Gracie Atkison
31.....Jerry Henshaw

30.....Allen and Vicki Smith

September

1..... Francis Jenkins
1.....John Musarra
6.....Mary Beth Collins
14.....Freida Hammontree
16.....Gavin Goad

15.....Greg and Brenda Atkison

Prayer concerns:

Dickie Blue at home

Freida Hammontree

June Thrasher at Redbanks

Sue Hall (June Thrashers roommate)

Bobbi Doris at Redbanks

Marie Henshaw has asked us to remember Dale Payne who is very ill with cancer.



Alan Powell for getting the pipe and leading the project to get the guard posts installed at the west end of the building. Great job!!

Marie Henshaw for all the work you did putting a new directory together for us. It looks great!!

Things to remember:

***Congregational Meeting Today** at 5:00 here in the auditorium. Agenda:
- introduce our ministry leaders
- ministry leader's present actions they are taking or planning to take in their assigned area and also how they're addressing the feedback we received from the June congregational meeting. Let's have another good turnout.

We're planning finger foods and fellowship after the meeting so check the sign-up sheet out at the audio-visual corner of the auditorium.



Looking for landscaping ideas and suggestions for around the building and on our property.

My intent is to take input and develop a plan to begin incorporating improvements to our landscaping. I hope to begin this fall and schedule a work "party" for each spring and fall for the next 2 to 3 years as our budget permits. Again, low maintenance is very good. Added color and height variation around the building is also good. **Don't forget me.** Greg



Going forward there will be 4 men serving communion, 2 in the middle and 1 on each side. Of the four the one that does not lead a prayer during communion and offering will lead the closing prayer.

Newsletters are now on our website 1 to 2 days before Sunday morning. Check it out!!

Central Church of Christ

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SCHEDULE OF SERVICES

Sunday:

9:30 AM Sunday school

10:30 AM Worship Assembly

6:00 PM Bible Study

Wednesday:

6:30 PM Bible Study

Our statistics:

Sunday Worship	26
Sunday Night	18
Contribution	\$1,246.00
Wednesday Bible Study	5

If you have an article or something you'd like to have in the bulletin please forward it to Marie or Greg by Wednesday of each week.



Virgil will be in his office from 9:00 to 1:00 every Tuesday thru Friday.

Take advantage of this opportunity.

Understanding Habits

Charles Duhigg has written an interesting book entitled *The Power of Habit*, an examination of habitual patterns that take over our lives. In it he cites a 2006 study at Duke University that claims 40% of our decisions aren't decisions at all, but merely habits.

Duhigg writes: "When a habit emerges, the brain stops fully participating in decision making. It stops working so hard or diverts to other tasks. Our brains are wired to make things simple."

Duhigg opines, "Understanding how habits work—learning the structure of the habit loop—makes them easier to control. Once you break a habit into its components, you can fiddle with the gears."

There are so many interesting conclusions to draw, but one of the central ones is this – if you establish good and productive habits, human nature will take over for you and help you think and act in ways that are consistently good and productive. Try this with the "habit" of church attendance, Bible study, prayer and fellowship.

Randy Simmons, Gulf Coast Church of Christ